The Spaciousness of Vajra Sattva

composed by Garab Dorje translated by Yeshe Donden (Roger Calverley) adapted and amplified by Lama Jigme Gyatso 30nov23a



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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

1st of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Buddha Nature

Listen, oh virtuous one:

I will show you the truth of your being.



Yoú are, and always have been (like) Vaj-ra Sát-tva,

thé Infinite Consciousness, Living Presence, and creative Power of the Dívine,



thé vast spaciousness of Being, always good, the Way of Liberation for ÁLL beings,

béyond appearance and disappearance, and beyond the grasp of the intéllect.

2nd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Love: Spontaneous and Uncontrived

Lóve, being our essence; attainment is already cómplete,

ánd there is NO need to strive at practicing Great Compássion.

Lóve, being the supreme good; there is NO need eíther

tó extol the many splendid qualities of Compássion.

3rd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)
Spontaneous Wisdom of Letting-go

Phénomena are NOT other than the True Condítion.

Without input on our part, they appear and disappear.

Náturally arising Wisdom need NOT be <u>activel</u>ý sought.

Sélf-liberating by nature, it reveals thé Way.

4th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)
Independent Enlightenment

Éarth, Air, Fire, and Water are the indwelling Dívine_{1,2}.

Lama Jigme Gyatso's NOTES:

- 1 Grounding yet void, Spacious yet void, Warming and drying yet void, Cooling and moisturizing yet void
- 2 Our physical idiosyncrasies can fuel our wisdom

Déspite our mistaken notions, Liberation dawns from within our ówn being₁

ánd is NOT dependent on óthers₂.



Lama Jigme Gyatso's NOTES:

^{1 -} Our mental idiosyncrasies can fuel our wisdom

^{2 –} The antithesis of elitism, enlightenment's path is NOT dependent on giving away our personal power to others.

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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

5th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Folly of Guru Devotion

Súpreme wisdom is difficult to realize except by way of Wisdom ítself₁.

Lama Jigme Gyatso's NOTES:

1 – The wisdom of letting go comes NOT from reading, or reasoning, BUT only from passively noticing and relaxingly releasing in harmony with our inhalation and exhalation.

Dépendence on others is merely notiónal.

sínce bliss actually arises naturally from wíthin₂.

Lama Jigme Gyatso's NOTES:

1 – The notion that our teacher can bestow bliss (no less enlightenment) upon us is one of patriarchy's suggested fictions; for the bliss contrived from the channels, winds, and drops of Anu-yoga is a mere analog of the bliss generated by Ati-yoga.

^{2 –} It is a great irony that bliss is experienced as we relax into our exhalation, causing the release of the previous inhalation's perception (no matter how disturbing).

6th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Miraculous Flows from Within

Ánd yet, the miraculous₂ is NOT beyond our recognítion₃.

Dúe to intuitive insight into the naturál state,

- 1 The bliss generated by letting go is just the beginning,
- 2 for our natural aversion and avarice guide the spontaneous fulfillment of wishes
- 3 in an apparent manner
- 4 that flows from inhalation's relaxation and release.

óur innate capacities and spiritual **pówers**

cóme to the fore naturally from within our own innér depths₂.

Lama Jigme Gyatso's NOTES:

^{1 –} Mindfulness seems to access a primal, survival power driving our fears and hopes

^{2 –} that is unleashed through meditation's relaxation and release.

7th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Authentic Meditation

Réal meditation is effortless, <u>letting go</u> in the true condítion.

Lama Jigme Gyatso's NOTES:

1 – The reason it is effortless to so relax into our exhalation that what we noticed during our previous inhalation feels as NON-graspable as a vast, empty, void is because each exhalation grants us automatic access to our parasympathetic nervous system which has evolved to mentally release and physically relax in harmony with each exhalation.

This true condition never appears to us as something which can be seen.

Stríving to grasp it, we prevent the recognition of its true náture.

I-Striving is a symptom of the controlling tendencies that are our default mode when our fear center controls our choices, utterances, and deeds; whereas allowing is a sign we're flowing with empathy's centered spontaneity.

8th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)
No Substitute for Experience

Nór can the supreme secrecy of the primal continuum be revealed by hearing abóut it,

nór can words reveal its nature even in the barest méasure.

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

9th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Non-duality of Suffering

Thé suffering of sentient beings is only conscioúsness,

intrinsically perfect₂ energy in varied forms.

Lama Jigme Gyatso's NOTES:

- 1 The play of mind could be perceived during our inhalation.
- 2 Perfection comes from our relaxing into mind's non-graspable nature during our exhalation

Béyond movement, unshaken, it abides equally in ALL.

10th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Illusion of Karma

Péople talk of Kar-ma. In truth, there is ONLY consciousness, beyond ALL our nótions.

Lama Jigme Gyatso's NOTES:

I-That which appears to be the momentum of Karma is merely the play of mind effortlessly perceived during our inhalations

Fór those imprisoned in the ups and downs of thought and emótion,

thé pristine continuum of awareness remains hídden.

Lama Jigme Gyatso's NOTES:

1 – It is our act of relaxing into mind's non-graspable nature (during our exhalations) that renders our continuum pristine.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Birthlessness

Thé mind of awakening gives rise to all appearánces.

Béing unborn, it is indestructíble.

Thís timeless space of pure Being is beyond the reach óf thought.

12th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)
Freedom from Labeling, Suppression, and Control

Thé deepest meditative tranquility does NOT think of itself as this ór that.

Thére is NO need to conceptualize or PURIFY the mind of cóncepts,

álthough Wisdom MAY, as it comes to the fore, take the form of cóncepts.



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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

13th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Mind Blanking

Sóme meditators strive to put their minds into a thought-frée state

thínking this gives them access to something súbtle.

Théy isolate themselves in lonely pláces.

Éxamined closely, this is seen to be a form of conceptual meditátion.

Lama Jigme Gyatso's NOTE:

1 – Wherein our controlling tendencies are indulged

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

14th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

DUALITY: the Analog of Ethics

Thínking in terms of causes and résults,

súch seekers strive to transcend thís world. Théy reject the bad and accept thé good,

álthough NON-dual wisdom already transcends dualities like bad ánd good.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Even Dualistic Extremes are One in their Empty Nature

Clínging and indifference are concepts. So too, echo-like, is anything in bétween.



Jóy and sorrow arise from the sáme source; só declares Vaj-ra Sat-tva, refuge óf ALL.

16th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Appearing yet Void

Whére else could aversion, attachment, and anger árise,

éxcept from the luminous energy óf mind?

Lama Jigme Gyatso's NOTES:

Although our primal drives could feel dynamic as we observe them during our inhalation yet when we relax into our exhalation they could as non-graspable as LIGHT: as appearing yet as void as a Buddha's real or imagined Va-ti, pure land, or paradise of light.

Óbjects of pleasure are also júst this;

fórmulations of the energy of the light of Wísdom.



Lama Jigme Gyatso's NOTES:

And likewise, as again we inhale we could feel our longing for and relish of pleasure yet the relaxation and release of each exhalation could reveal them to be as sensual yet void as a Yi-dam or archetype of enlightenment comprised only of light.

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

17th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Clear yet Void – or – Radical Acceptance

Cóncepts are like space, BUT <u>neither</u> space nor concepts ever come into TRUE exístence

Lama Jigme Gyatso's NOTE:

As we breathe in our perceptions, emotions, intentions, thoughts, memories, and imaginings could be experienced quite clearly yet as we breathe out (relaxing and releasing) they could feel as NON-graspable a Buddha's seed-mantra of light.

Ábiding in spacious consciousness, BEYOND

- desire and
- •directed intent, one's condition widens to infinity.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Balance comes not from contemplation but meditation

Cóncept-free equanimity is the ground óf being.

Bút like the moon reflected on water, it cannot bé grasped.

Throúgh the divine creative energy, the vibratory sounds of speech are manifésted.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Communication reveals our mind

Thé mantric sounds of **Ah** and **Ta** and **Pa** and their many elaborátions

éxpress the creative power of infinite consciousness, and figure forth the mind óf light.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Seed mantras are NOT keys to unlock enlightenment's door

Hów amazing! The enlightened realm is NEVER found by séeking

ánd can NEVER be perceived by the six sénses.

Those who seek it in this way are like blind ones grasping for the sky.

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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of the Gradual Path

Á gradua*l* spiritual path of purification is as at odds with the effort<u>less</u>ness of the true cond**í**tion.

Réalization does NOT come by following such á path.

Thát is like searching for the end óf space.

22nd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje) What if meditation were less a path and more a destination?

Thé true condition: being what ít is,

révealed as it is, cannot be seen as a path to trável.

Thé state of effort<u>less</u> enlightenment is the source óf ALL.

Íts manifestations are all marvelous wónders.

23rd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)
Ati-yoga: NOT only for the Elite BUT for ALL

Pást and present abide within the true condítion.

Thé eternal NOW of consciousness is the path fór ALL.

Thís is suchness, the light of Wísdom,

thé realization of enlightened beings both past and yet tó come.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

NON-duality Renders Contrivance and Analysis Obsolete

Thís living Presence is the universál way.

Thé moon and its reflection on water are NÓN-dual.

Thé mind of awakening is NOT to be found by those éngrossed

in fabricated features and stages of the Way.



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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Let us Shed our Fearful and Controlling Tendencies as a Butterfly does its Chrysalis

Fócusing attention on present pleasures and their future consequénces

is a LIMITING way to follow any path. It is something to avoid.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Emptiness is the Universal Common Denominator Unifying and Healing All

Pást, Present, and Future are one, NÓT three.

Ónly the Present has endured throughóut time.

Thé nature of Reality pervades the whole of creátion,

íts wonderful qualities everywhere to bé found.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje) ALL Phenomena's Interdependence and NON-graspability are Revealed by Inhalation and Exhalation, Respectively

Éverything that appears in ALL thé worlds:

- •dérives from Kar-ma,
- •is rooted in concepts, and
- •is phantasmal in náture.

Éven the situation of a universal empéror

is merely a training ground for dealing with illusion.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Peril of Pseudo-intellectual Analysis

Thóse who meditate using the time-bound intéllect

will never be liberated within the timeframe of their imagining.

Fór those whose practice is rooted in prayers and stríving,

éverything said about emptiness fully ápplies. _/_

Thursday

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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Path of the Yogi

Thé Essence is:

- •one,
- •unstructured,
- •únborn;

ánd the way of the yogi is like the path of a bird in thé sky.

Hów then can we suppose that phenomena actually éxist?

30th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Names and Labels

Ínner and outer phenomena are both the one real cond**í**tion

whích is NOT an object to be grasped by the conceptuál mind.

Thé things of this world are mere names based in mistaken cóncepts.

Ánd so it is, we fail to experience the equality of deep contemplátion.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Folly of Vows

Thé outer & inner spiritual commitments that we táke up

pértain to the constituents, and senses of the bodý-mind,

Lama Jigme Gyatso's NOTES:

1 - components

which has never been other than the true condition.

Thére is therefore NO benefit in talking about spiritual commítments.

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

32nd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Inner or outer, Physical or mental, Pleasurable or painful, Interesting or boring, Glorious or grotesque, Every Object of Perception is Key to Unlocking Wisdom

Áppearances (symbols of the Áll-Good) NÉVER change into something other than Présence.

Néver being other than Presence, appearances are therefore Wísdom.

Ín the absence of grasping, NOTHING has a self-identíty. (Ábsent rejecting,) there is only the equality that transcénds speech.



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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

33rd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Folly of Duality

ÁLL possible circumstances, and ALL beings in them

árise NON-dually from the Pristine Continúum.

Lama Jigme Gyatso's NOTES:

1-of emptiness

Ín the purity of Divine Presence, there are NO such distinctions as "male" or "fémale."

Lama Jigme Gyatso's NOTES:

1 – Appearing yet void, Sensual yet void, Resounding yet void, and Lucid yet void

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Mantra meditation, Completion stage, Anu-yoga, Bindu mahamudra, and Thikle

Ín the domain of Reality, there is NÓ talk

óf getting somewhere by means of éffort, ánd yet some say that by using the powers óf sound

óne can generate the BLISS of a magical illúsion.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Mantra meditation, Completion stage, Anu-yoga, Bindu mahamudra, and Thikle

Thé True Condition cannot be grasped conceptuálly,

BÚT appears in varied ways, according to how one viéws it.

Tó strive for BLISS, desiring it to manífest,

ónly generates obscur*ation* and conf**ú**sion.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Generation stage, Creation stage, Maha yoga, Tantra mahamudra, and Tokal,

Méditating on the appearances of a deity is like meditating on the reflections of the Moon in wáter.

Álthough such meditators strive to be undefiled and unattached, their practices are like chíld's play.



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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Mantra meditation, Completion stage, Anu-yoga, Bindu mahamudra, and Thikle

Óne may even identify fully with a wrathful deity in a mandala of wrathful attríbutes,

ánd unmistakenly manifest the seed syllable, and yet NOT experience the suchness in which concepts disáppear.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Destructive Approaches PART 1

Óne may crop a palm tree or burn a seed to prevent them, proliferáting,

Lama Jigme Gyatso's NOTES:

1 - from

ánd some teachers even advocate such a destructive ápproach

fór students who wish to overcome their emotional próblems.

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Destructive Approaches PART 2

Móreover, there are hundreds and even thóusands

óf methods for practice, and they ALL blossom in their ówn way,

bút since PRISTINE awareness is beyond characterístics,

it is NOT revealed by practices such as these.

Lama Jigme Gyatso's NOTES:

1 - description

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

40th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Enjoying Life without Clinging to Life

Bléssed are the yogis who abide continuously in the True Condítion,

NÓT discriminating between self and óther.

Théy enjoy the magical illusion, while abiding in the Great Perféction.

Saturday

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The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

41st of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Savoring Liberation in the Here and Now

ÁLL phenomena are perfect and complete, nothing exclúded.

Thé true condition is equality, beyond change, spaciousness with out límit,

béyond dependent arising, beyond causes and condítions.

42nd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The True Source of Bliss

Íncomparable Wisdom alone knows the BLISSFUL continuum of self-perféction,

thé domain of the <u>ultimately</u> real, which does NOT arise from extraneous causes and condítions.

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

43rd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Pseudo-intellectual Explanations

This insight is easy, so easy in fact that it SEEMS difficult.

Though ALL-pervading, the continuum is invisible.



Ít cannot be pointed out by saying: "This is it," NOT even by Vaj-ra Sat-tva hímself. "The Spaciousness of Vajra Sattva" - composed by Garab Dorje

44th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)
Life's Amazing Play of Energy

Thís amazing, wonderful display of enérgy,

spácious by nature, transcends áction.

Fróm within our deep unknowingness, beyond thought and thínking,

thése dynamic potentials suddenly árise. _/_

Saturday

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45 th verse		



The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

45th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Our Stressors Drive us to the Doctors that Prescribe the Panacea of Letting-go

Thé energetic radiance of consciousness dwells in ALL and is the WAY for ALL.

Fór those lost in ignorance cónfused by obscurátions,

it is like a medicine in search of a doctor to prescribe what is néeded.

46th of 52 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje) Experiencing: Void-appearance, Void-sensation, Void-resonance, or Void-clarity with each Round of Breath

Fróm within the field of our understanding, BLISS aríses,

révealing the ordinary world as pristinelý pure.

Whén lights, from ALL directions come together in óne's heart,

óne realizes omnipresent divinity₃, above, below, and in ALL diréctions.



Lama Jigme Gyatso's NOTES

- 1 figurative for perception
- 2 metaphoric for radical vulnerability
- 3 Fragrant yet void, Appearing yet void, Flavorful yet void, Resounding yet void, and Sensual-yet void.

47th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Enjoying Life without Clinging to Life

Fróm the colors of the rainbow, the primordial families and their qualities are manífest,

Lama Jigme Gyatso's NOTES:

1 – figuratively in the transmutation of the five poisons into the five wisdoms though Mindfulness' vulnerable inhalation and Meditation's relaxing exhalation which effortlessly transform:

hate into Mirror-like wisdom of the Vaj-ra family,
craving into Discerning wisdom of the Lotus family,
conflusion into the wisdom of the Basic Space of Phenomena of the Buddha family,
jealousy or competitiveness into the All-accomplishing wisdom of the Action family, and
pride or clinging into Equalizing wisdom of the Jewel family.

cómpounded moving parts in the uncompounded, unmovíng base,

álong with the deities of the five elements, that animate creátion.

Lama Jigme Gyatso's NOTES:

1 – The bliss and release of Mindfulness' vulnerable inhalation and Meditation's relaxing exhalation effortlessly lavish: Water element as with the empowerment of **Ak-sho-bhya**, Fire element as with the empowerment of **A-mi-ta-bha**, Space element as with the empowerment of **Val-ro-cha-na**, Wind element as with the empowerment of **A-mo-gha-sid-dhi**, and

Earth element as with the empowerment of Rat-na-sam-bha-va.

"The Spaciousness of Vajra Sattva" - composed by Garab Dorje

48th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

SHUNYATA: the Antidote to Contrivance

Nótions like "past," "present," and "fúture,"

cánnot comprehend the nature of the Unborn, Uncéasing.

Ín truth, NOTHING arises, NOTHING céases.

Thé Wisdom of Source unifies ALL and dispels any such nótions.



Sunday

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52 nd verse		pg. 132



The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

49th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

The Folly of Ritual

Équal in ALL its manifestations, there is NOTHING to gradually árrange.

ÁLL forms being one in Realíty,

NÓTHING needs to be <u>dedicated</u> in any diréction.

Wé may accumulate and arrange our various offérings,

BÚT since they occur naturally, they need NO arranging or distribútion.

Thé true condition being intrinsically perfect, there is NO need to make <u>offérings</u>.

50th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Thé true condition being intrinsically perfect, there is NO need to make <u>offérings</u>.

Púre from its inception, the pristine continuum is already Wisdom-néctar.

Thére is NO need for our minds or our senses to visualize or íntend.

51st of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

Active Concentration is Trumped by Mindfulness: Vulnerable, Passive, Visceral, and Random

ÁLL phenomena are already arrayed and consecrated by the mind's júdgments.

Thé spiritual power of <u>clear seeing</u> is the equipoise of contemplative stíllness.

52nd of 55 verses

True Bliss of Mindfulness and Meditation is the Fulfillment of all Spiritual Vows

Éven an instant of this contemplation is Divine Únion.

Lama Jigme Gyatso's NOTES:

 $I-Appearing \ yet \ void, \ Sensual \ yet \ void, \ Resounding \ yet \ void, \ and \ Lucid \ yet \ void$

Thé satisfaction of this union fulfills ALL spiritual commítments.

Lama Jigme Gyatso's NOTES:

- 1 The Union of perceiving the play of mind as we inhale and relaxing into mind's non-graspable nature as we exhale.
- 2 This is the most efficient ways to keep all the vows of refuge, renunciation, bodhichitta, and tantra Samaya.

Góing through the dance steps of various spiritual practíces,

óne is, in reality, offering (the) state of union NON-dúally.



Lama Jigme Gyatso's NOTES:

1 – How ironic that duality could be so easily transcended.

Sunday

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The Vast Expanse of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Garab Dorje (or Prahe Vajra)

translated by Yeshe Donden and adapted as well as amplified by Lama Jigme Gyatso

53rd of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Highest Offering, Mantra, and Windhorse

NÓN-grasping is already the perfect <u>offering</u> beyond any need for práctice,

thé consummation of ALL practices which is already présent.

NÓN-conceptual wisdom eliminates every <u>obstrúction</u>.

Cóntemplative equanimity is the perfect mántra.

54th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by **Prahe Vajra** (or Garab Dorje)

The Folly of Greedy: Devotion, Generosity, and Merit-making-activities

Tó:

- honor spiritual teachers,
- •practice generosity,
- •ánd perform ALL manner of merit-making activíties

bécomes a form of ignorance when performed in the absence of equality and NON-attáchment.

55th of 55 verses

The Spaciousness of Vajra Sattva (or Dorje Sempa Namkha Che) composed by Prahe Vajra (or Garab Dorje)

Simplicity Demands that we Step out of our own Way

Thé wisdom conveyed by this teaching gets <u>obscured</u> by active <u>stríving</u>.

Whén envisioned by conceptual grásping,

thé true condition can<u>not</u> be reálized.

